

Easter Nests using T-Shirt Rope

You will need:

- An old cotton T-shirt that is too worn, stained or holey to donate to charity.
- A ball of wool. Colourful wool looks good!
- A yarn needle (these have a large 'eye' that will fit wool through).
- Sharp scissors. (Paper scissors won't be sharp enough to cut the fabric).



Start from the bottom of the shirt. Trim the hem off and discard. Start cutting into wide strips (at least 5 cm wide) across the shirt. (The thinner the material, the wider the strip. My shirt was very thin, so you might want to cut narrower strips than in the picture).



Cut one side of the strip section along the seam (the sewn up side). Open out and stretch the fabric. It should curl up a bit. (If not, you might have the wrong type of fabric). Ta da – you have made T-shirt rope!

Thread a yarn needle with good length of wool (about 1m) and knot the two ends together. Tie onto the very end of one length of T-shirt rope.

Then wrap the wool 3 times around the end of the T-shirt rope, leaving almost 1cm space in between each turn.



Start to turn your rope into a spiral. Keep sewing around the T-shirt rope, but loop the needle under another wool loop from an adjacent section of rope. This will keep it in a spiral.

As your spirals get bigger, add an extra wool turn in between sewing onto the inside wool loop. (Otherwise you won't have enough loops to sew to on outer spirals).

As you add more spirals, start shaping them into the walls of your bowl.



When you run out of wool, snip off the needle. Re-thread it as before, and join your new wool-and-needle to the wool on your nest/bowl.

If you need to join an extra bit of T-shirt rope: wrap the end of a new piece into the end of your sewn rope-nest/bowl, overlapping the ends by 2-3 cm.



Keep going until you are happy with the size of your nest. Finish off by tucking in the very end into a loop from the spiral next to it.

Now you're ready for some eggs!

